

Personal Training Rates

For one-on-one training:

Package:	Price:
1 session	\$75/session (\$75+tax)
4 sessions	\$70/session (\$280+tax)
8 sessions	\$65/session (\$520+tax)
12 sessions	\$60/session (\$720+tax)
36 sessions	\$50/session (\$1800+tax)

For 1/2 hour sessions:

Package:	Price:
4 sessions	\$40/session (\$160+tax)
8 sessions	\$35/session (\$280+tax)
12 sessions	\$30/session (\$360+tax)

For group training:

	Package:	Price:
2-3 people	4 sessions	\$45/session (\$180+tax/person)
	8 sessions	\$40/session (\$320+tax/person)
	12 sessions	\$35/session (\$420+tax/person)
4-6 people	4 sessions	\$35/session (\$140+tax/person)
	8 sessions	\$30/session (\$240+tax/person)
	12 sessions	\$25/session (\$300+tax/person)
7+ people	4 sessions	\$25/session (\$100+tax/person)
	8 sessions	\$20/session (\$160+tax/person)
	12 sessions	\$15/session (\$180+tax/person)